

What can I do to defend Religious Freedom?

Personal and Community Actions

1. **Speak up respectfully** — When discussions arise about faith, family, or conscience rights, share why religious freedom matters for *everyone*, not just people of faith.
2. **Model faith in action** — Live your beliefs openly and kindly. Peaceful, authentic living demonstrates that religious freedom strengthens—not divides—society.
3. **Build interfaith friendships** — Stand together with people of other faiths when their rights are challenged. Solidarity across beliefs protects everyone's freedom.
4. **Educate your children and community** — Teach the next generation what religious liberty means, its history, and why it safeguards other human rights.

Public and Policy Engagement

5. **Contact your elected leaders** — Urge them to support legislation and policies that defend freedom of religion and conscience, both domestically and internationally.
6. **Support organizations defending faith rights** — Partner with or donate to groups such as United Families International and others that advocate for freedom of religion, life, and family at the UN and in national governments.
7. **Attend or host community discussions** — Organize local events, panels, or discussions on the importance of faith and free expression in a healthy society.
8. **Submit letters or op-eds** — Write respectfully to newspapers, online platforms, or local representatives expressing the need to protect religious expression and pluralism.

Global Awareness and Advocacy

9. **Share credible stories of persecution** — Use social media or your networks to raise awareness about those facing discrimination for their beliefs, helping to keep these issues in the public eye.
10. **Pray and act with purpose** — Combine prayer with tangible action. Religious freedom advocacy is strengthened when people of faith are both spiritually and civically engaged.

